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**THE NATIONALS**  
for Regional WA



\$2

Thursday 24th March 2022

Issue 6

## VALUING OUR VOLUNTEERS!

By AMANDA CASH

On the balmy evening of Thursday 10<sup>th</sup> March, Merredin CRC hosted their annual Thank a Volunteer event at the Cummins Theatre for a performance of Sydney II: Lost and Found, performed by Theatre 180. A big thank you goes out to the sponsors for the event, the Shire of Merredin and Department of Communities, without whom the event would not have been possible.

More than 50 volunteers associated with the Merredin CRC were invited to the event, including volunteers from

Merredin Men's Shed, Merredin Show, Merredin Railway Museum, Merrittville Retirement Village, Merredin Senior Centre, Merredin Repertory Club, Emergency Services and of our the wonderful individual volunteers who help with the CRC activities.

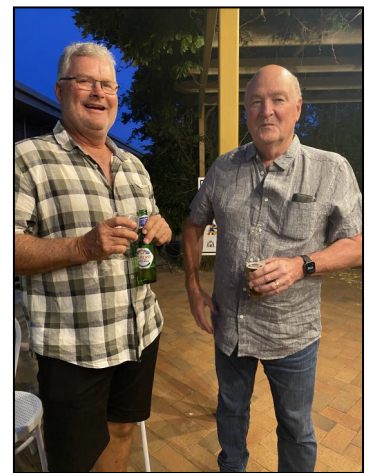
Around 40 volunteers attended and were welcomed with some sumptuous pre-show charcuterie platters and refreshments in the Tivoli garden. It provided a relaxed atmosphere to socialise and catch up with other volunteers and friends before the performance.

At 7pm everyone was called in to take their seats in the theatre. The lights lowered and the anticipation was high.

Sydney II: Lost and Found was a superbly crafted and performed presentation of the true story of the sinking of Sydney II in 1941 off the coast of Western Australia and the subsequent locating of its wreck in 2008 thanks to the determination of the volunteers of the Directors of the Finding Sydney Foundation. As always, the power of volunteers gets the job done!

Everyone enjoyed the evening and thought it was a wonderful

way to acknowledge appreciation of volunteers and all that they do for our community.



## Book your next meeting at the Merredin CRC

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Ears	\$30
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Back inside full	\$180

### Colour

Quarter	\$40
Half	\$80
Full	\$160

### Black & White

Quarter	\$30
Half	\$60
Full	\$120

### Classies (b/w)

Non business for sale	free
General lineage	50c per word

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### Trades

12 editions (each)	\$15
6 editions (each)	\$20
3 editions (each)	\$25

### Artwork

Fee	\$30
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- Merredin Bakery
- Merredin CRC
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- Merredin Swimming Pool
- Nextra
- Puma Roadhouse
- Two Dogs Home Hardware
- Wild Poppy Café

Thankyou to these businesses for their support for The Phoenix and Merredin Community Resource Centre

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12 or 24 editions

## Write a Letter to the Editor

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[administration@merredincrc.com](mailto:administration@merredincrc.com)

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# Donate your 10 cent refund to a community group

CWA of WA (Inc) – C10240442

Merredin College P&C Association - C10349064

Merredin Community Garden Group Inc. (MCGG) - C10358700

Merredin Community Resource Centre - C10242783

Merredin Districts Lawn Tennis Club - C10322072

Merredin Hockey Club - C10330862

Merredin Railways Tennis Club - C10336486

Merredin Repertory Club - C1032349

Merredin Show - C10360791

Nangeenan Hall - C10481734

Parnana Pikurtu Wildlife Sanctuary - C10305338

St Mary's PS - C10323720

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Most glass, plastic, aluminium, steel and paper-based cartons between 150mL and 3L



# THERE'S A LOT TO SEE AT MERREDIN PEAK RESERVE

By **ROY BUTLER**

On a recent Saturday morning a group of a dozen or so adults, plus a few children and a dog, went for a walk together at Merredin Peak Reserve. The outing was organised by members of the Merredin Branch of the Wildflower Society. In fine, warm weather the group completed the planned route in just 2.5 hours of leisurely walking, starting from and finishing at the former site of the Merredin Golf Clubhouse, in Telfer Avenue.

On the golf course, west and north of the Peak, the group inspected some little known sites. These included a former stone quarry, an early well site, the original Merredin townsite settlement site, some unusual beautifully marked eucalypt trees and an intriguing figure 8 depression in a low granite outcrop. The first town settlement was short-lived – it was gazetted in 1891 but relocated to Merredin's present site (surveyed in 1904) to be close to the rail line.

From the golf course, the walk became a little more strenuous as the group climbed to the highest point of Merredin Peak then descended to the eastern side to investigate a large

concrete channel. This channel differs in size and construction material from most of Merredin Peak's walls and channels, which were built from quarried granite slabs. The numerous channels and walls of Merredin Peak are designed to collect run-off water from the Peak and direct it into the Railway Dam. The purpose of the dam – the clue is in its name – was to provide water for thirsty steam locomotives. Water was pumped from the dam to the huge cast iron water tank that is prominent beside the Great Eastern Highway. Water was gravity fed from the tank to the locomotives. The water supply – catchment, dam and tank – was built over the period 1893 - 1896, but the railway line reached Merredin in 1893. Merredin residents and visitors are fortunate to have, close to town, free access to Merredin Peak Reserve. It's a great place to explore, exercise your dog and wonder at the truly marvellous water harvesting system, constructed nearly 130 years ago and still in use, though no longer for steam engines.

On this walk the group didn't visit, but recommend that you do visit the remains of the Military Hospital (1942 – 1943).

Also, to appreciate the diversity and adaptability of nature, watch for the birds, reptiles, maybe an

echidna, and occasional kangaroos, and of course the native bushland they live in. The oldest site, magnificent and definitely natural, is the granite rock itself that constitutes Merredin Peak.

There are many informative signs scattered throughout the Reserve. These are courtesy of the Commonwealth/State Bicentennial Project 1987-88, the WA National Trust's Golden Pipeline Project 2003 and, before 1988, the members of the Merredin Museum and Historical Society. Unfortunately two Bicentennial signs have been stolen – from the original town site and from the top of Merredin Peak. Merredin Shire Council manages the reserve and has always been supportive and active in any work done, including the signage and tracks.

I am no expert on history, plants or anything much, but I am a member of the Merredin Museum and Historical Society, the Merredin Branch of the Wildflower Society and the Merredin Library. These are all great sources of information and provide contacts with other interested and interesting people. Membership will stimulate and enable you, like me, to learn more about Merredin's history and natural assets.



centrelink

medicare

## Merredin

### 9am - 1pm

### Monday - Friday



Australian Government  
Services Australia

## We want your feedback!

### Saturday Morning Markets

We've gotten back some feedback:

Marie Bartlett: Saturdays work well need to be mindful of parents with kids in sport

Stephanie Welsh: Saturdays are a great idea since many people have church on Sunday and by the time church is done so is the markets. Also more people are in town shopping on Saturdays!

Lauren Steel: Just need to be mindful that the winter sports are starting up

Have your say on us changing the Merredin Markets to a Saturday morning!

Email:  
administration4@merredincrc.com

Phone:  
9041 1041

# ACTIVITIES ON FRIDAY 11 MARCH

## FACTION SWIMMING CARNIVAL

Students from Years Three to Six participated in the Faction Swimming Carnival on 11 March. Congratulations to all students for the way they performed on the day and for the excellent sportsmanship that was displayed.

The results of the Faction Shield were:

Third: St Josephs  
Second: Mackillop  
First: Salvatorians



## WATER FUN DAY

The Pre-Primary to Year Two students had a very exciting day on Friday, 11 March when they got to bring their bathers to school and enjoy their water fun day. They got to play lots of games and get very wet.



## From the History Room

By ANITA METCALF

### RECIPES OF YESTERYEAR

From the history room at the Merredin Library, these recipes are from the -

Ladies' Column in the Merredin Mercury and Central Districts Index 1929.

### SPONGE PUDDING

Take four eggs, one pint of milk, the rind of half a lemon, two ounces of sugar, four tablespoons of currants, two tablespoons of jam, six sponge cakes.

Line a well-buttered mould with the currants. Cut the cakes into slices and spread with jam,

place a layer of cake over the currants. Beat the eggs, add to them the milk, sugar and grated lemon peel stir well together. Pour over the sponge cakes, cover with buttered paper and steam for two hours. Turn out and serve cold.

### ANCHOVY EGGS

Half a dozen eggs, two tablespoons of anchovy sauce, a small piece of butter, pepper to taste. Boil the eggs hard. When cold peel and cut them in half, take out the yolks and put in a basin with the butter and sauce. Mix all thoroughly. Replace the mixture into the eggs and put them on a dish. Garnish with parsley or watercress.

By Wendy Porter, Merredin Librarian

Doesn't time fly!

Winter is just around the corner. The Merredin Library has received some new items in stock. Check out some of them here.

Does your child complain that they will never use math or science in real life? Are you struggling to convince them they will? The Merredin Library has purchased some books with real life applications.

We have Amusement Park science books which look at roller coaster rides, ferris wheels and vertical drop rides.

What do these have to do with science? These rides use acceleration, pulleys and levers, gravity and more.

The math adventure books look how racing car drivers, zoo vets, stunt performers and airline pilots use math to do their jobs, from planning pit stops in a race to deciding on the correct size crate to transport an elephant.

Photography seems to have been part of our lives for such a long time, giving us glimpses of those lives long after the events. 'Australia 1872' by Christoph Hein shows how immigrant Bernhard Holterman,

## Library Musings

after finding the largest lump of gold in the world, created the largest glass plate negatives to show the world. This book how's the drudgery of the gold mines and life in Australia during the 19<sup>th</sup> century in startling clarity.

Staff at the Merredin Library are always looking for ways to help our members find what they need or want, and to attract new people to the library.

Let staff know what they can do to help you – a new activity, stock suggestions, how-to sessions – and staff will try to find a way to provide.

The library is a space for everyone, whether to find information, find something new to read or even just meet up with friends.

Remember, if you are isolating in town and can't get to the library, staff can even deliver books to you. Call staff for details.

Check out our catalogue at <http://library.merredin.wa.gov.au> to see what's in stock or call us on 9041 1222 for more information about our services and programs, including information about how to access e-resources 24/7 for free. See you soon.



# FUN IN THE SUN!

## 2022 Merredin College Inter-house Swimming Carnival (Year 3-12)

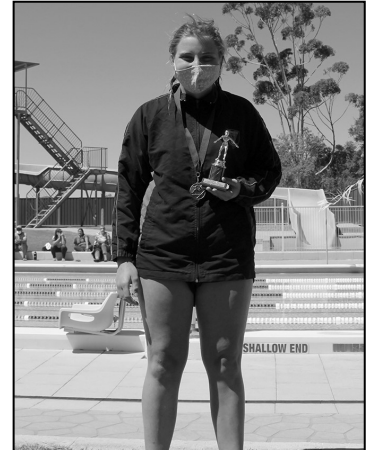
**Overall Results:**

House Points	Primary	Secondary	Overall
1 <sup>st</sup>	Growden (172)	Law (233)	Law (403)
2 <sup>nd</sup>	Law (170)	Kelly (211)	Kelly (370)
3 <sup>rd</sup>	Mitchell (164)	Growden (161)	Growden (336)
4 <sup>th</sup>	Kelly (159)	Mitchell (131)	Mitchell (295)



**Individual Results:**

	Champion Boy	R/up Champion Boy	Champion Girl	R/up Champion Girl
Year 3	J Walker	S Greenham	-	-
Year 4	J Van Der Merwe	C Davies	S Wild	I Postans
Year 5	B Manning	C Hardy	E Alcock	K Major
Year 6	N Truglio	R Davies	Na Ockerby	B Wahlsten
Year 7	J Hardy	J Bill	S Moylan	G Hayes-Thompson
Year 8	S Anderson	B Lig & N Shelton	A Kermode	M Kett
Year 9	A Jakins	A Townrow	R Truglio	E Hardy
Year 10	D Meyer	D Garlett	T Bush	G Shelton
Year 11	-	-	-	-
Year 12	J Grant	X Rajagopalan	A Hills	E Irving
Overall Champion	S Anderson	-	T Bush	-



## WILDFLOWER SOCIETY—ZIG ZAG GARDEN

By MAL HARPER

If you have driven or walked past the Zig-Zag garden (that's the one next to the Orana Cinema) you may have noticed a few changes. The Wildflower Society has put in place some signage next to some of the flora species in the garden.

The idea is to identify some of the species with their scientific names and if known their common names. This is to give members of the community some knowledge of the native flora of the Merredin Shire. It is intended that each of the species in the garden will

eventually be tagged. There are some interesting species in the garden which are well worth going to have a look at. The Wildflower Society and Herbarium are now situated in room 8 in the Old North Merredin Primary School. The Herbarium has a reasonably extensive collection of plant specimens from both the Merredin and Mukinbudin Shires. The society would like members of the community to make use of this resource.

The society meets every third Wednesday of the month at herbarium and we would

welcome interested people to attend a meeting to find out what we do. If you would like further information contact me on 0437388292.



# COVID-19 coronavirus

## COVID-19 WA Statistics

As at 23 March 2022

Tested 2,876,300

Confirmed Cases 107,870

Recovered 67,152

Deaths 23

Active cases in WA 40,695

COVID-19 in Australia

Vaccinations:

1 Dose 22,163,996 (86.3%)

Fully Vaccinated 20,952,845 (81.6%)

Booster 12,497,152 (48.7%)

WA—Cases 108K—Deaths 23

ACT—Cases 69,571 —Deaths 38

NSW—Cases 1.65M—Deaths 2,034

NT—Cases 47,004—Deaths 32

QLD—Cases 692K—Deaths 700

SA—Cases 212K—Deaths 238

TAS—Cases 73,342—Deaths 28

VIC—Cases 1.21M—Deaths 2,693

*We're all  
in this  
together.*

## Merredin

Local Government Area (15+)  
Western Australia

2,715

15+ population  
ABS 2019 ERP

92.2%

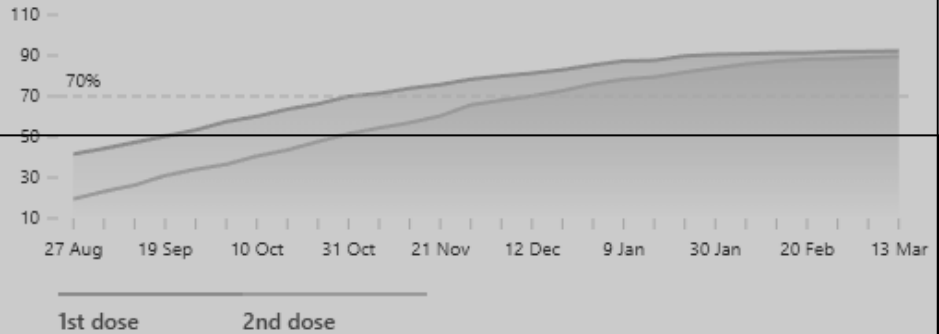
1st dose  
(+0.2% 7d)

89.5%

2nd dose  
(+0.4% 7d)

## Vaccination over time

Last updated 13 Mar 2022



## WHAT TO DO WHEN YOU TEST POSITIVE FOR COVID-19

- Isolate for 7 whole days from the date you TOOK your test (not the date you received the result). If at home, you must isolate away from other people in your household.
- If you took a RAT (rapid antigen test), report any positive result on the Healthy WA website (<https://www.healthywa.wa.gov.au/ratregister>). You DO NOT need to report if you tested positive by PCR test.
- Complete the contact tracing online survey, which will be sent to you by an SMS
- Register for WA COVID Care-at-home to see if you are eligible for assistance. You can register online at [www.healthywa.wa.gov.au/COVIDcareathome](http://www.healthywa.wa.gov.au/COVIDcareathome) or by phone on 13COVID (13 268 43)
- Tell your close contacts to quarantine for 7 whole days. Close contacts are people you had contact with during the infectious period (48 hours before the start of symptoms).
- Tell your workplace or education facility you have COVID-19 if you attended during the infectious period.
- If you do not have any symptoms at Day 7, you can leave isolation (you do not need to be cleared by WA Health). If you still have symptoms at the end of 7 days, you must continue to isolate until your symptoms end. After isolation you must wear a mask inside and outside in public areas and in any vehicle for 7 days.
- If you are in hotel quarantine, you must remain in hotel quarantine as per your travel direction. The Hotel Quarantine Team will contact you regarding your departure after quarantine

### Who is a close contact?

Any household member and/or partner you have had contact with;

Any person you have spent 15 minutes of face-to-face time with while both not wearing masks; and

Any person you have spent more than 2 hours with, in a small room while both not wearing masks.



## COVID Certificate too big?

Come to the Merredin CRC and get it shrunk!

We can shrink your COVID Certificate to card size and laminate it for only

**\$2.30!**

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COVID-19 Vaccination







# Court Report

blood. He had his licence suspended for 7 months, was fined \$850 and ordered to pay costs of \$259.30.

Lennard Wallam appeared on charges of assault occasioning bodily harm, and aggravated home burglary and commit. He was remanded to appear in Perth on the 29th of March 2022.

Carissa Wanless appeared on two charges of careless driving causing death, grievous bodily harm, or bodily harm. The matter was adjourned to appear in Northam of the 4th of April.

Rachelle Wilson was convicted on charges of no authority to drive (never held), and used or drove a vehicle while a plate was in a state that prevented proper identification. She had her licence suspended for 3 months, was fined \$1500 and ordered to pay costs of \$259.30.

**8th March 2022**

**Perth Central Law Courts**

Brandon Welshman appeared on a charge of aggravated grievous bodily harm. He was remanded to appear in the Perth on the 22nd of March 2022.

**9th March 2022**

**Perth Central Law Courts**

Aaron Mathews appeared on a charge of unlawful wounding with a circumstance of

aggravation and two charges of breach of protective bail conditions. He was remanded to appear in Merredin on the 6th April 2022.

Michael Hallett was convicted of 21 charges of being a person who was cruel to an animal. He was fined a total of \$75,000 and ordered to pay costs of \$10,000.

**11th March 2022**

**Perth Central Law Courts**

Tom Wood appeared on charges of damaging property, common assault in circumstances of aggravation or racial aggravation, assault causing bodily harm and two counts of unlawfully assault and thereby did bodily harm with circumstances of aggravation. He was remanded to appear in Perth on the 5<sup>th</sup> of April 2022.

**14th March 2022**

**Kalgoorlie Courthouse**

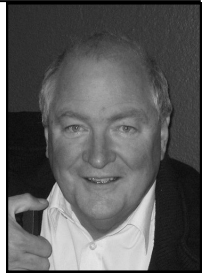
Mary Ross appeared on a charge of possessing drug paraphernalia in or on which there was a prohibited drug or plant, she we appear in the Kalgoorlie on the 28<sup>th</sup> of March 2022.

**Northam Courthouse**

Reginald Hayden appeared on a charge of no authority to drive - cancelled. He was remanded to appear in Merredin on the 9<sup>th</sup> of June 2022.

# My Thoughts

## MEDIA INFLUENCING OUR THOUGHTS



**Martin Morris**

It was really interesting that a couple of weeks ago, 6 people died on Western Australian roads, but there was almost no mention in the media.

The opposite happens with the COVID situation where one unfortunate death makes the headlines.

It shows that the mainstream media picks and chooses their own priorities.

They can influence people's thoughts by simply pushing the barrow they want to push, sometimes with unwavering bias.

This must be bared in mind – They represent no-one, were elected by no-one and are basically answerable to no-one, yet they have more influence than anyone.

It is unfortunate that media has descended to the level it has.

I will use the ABC as an example. When I was younger, it was the pinnacle of journalism. It provided a balanced and unbiased presentation of the affairs that may well affect or be of interest to us. Now they have dropped their standards to the point where they have joined the unfortunate level of some of the other tabloids.

It comes down to producing "Click Bait" articles and headlines, not providing truth and unbiased information.

This must also be taken into account when it comes to the many cases of "Trial by Media".

Take the Ben Roberts-Smith deformation case for example. He is questioning the way the media has portrayed him. I

honestly have no idea what the truth in his situation was, but the current media are simply putting forward the point of they want us to swallow. Obviously, they will promote the view that supports the media, not Ben Roberts-Smith.

The Police Officer who sadly shot the young man at Yuendumu in the Northern Territory was acquitted by the Justice system. However, the media, particularly the ABC are now digging through his distant past in an effort to denigrate his name.

Journalists are now being promoted as the stars. They are made out to be entertainers, not the purveyors of fact.

It simply reeks of gutter press.

### On a better note

It's great to see the level of support the Merredin Show has received. Due to COVID, the Show Committee were forced to postpone this year's show.

Having had to cancel the Show in 2020 and now having to postpone the Show in 2022 is extremely disappointing not only for the community and for the hard working Show Committee, but it is better to ensure the community is kept as safe as possible in these 'uncertain times'.

The best wishes and commitment from the, stallholders and sponsors has been nothing short of fantastic. It just underlines how great our small communities are.

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**SLOP**



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**SEEK**



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Wire spinner	\$10
Oxy welder with trolley (too hot for what I need) including 1 x small gas bottle (as new)	\$150
Home gym: 1 x exercise unit: bench press table with bar, leg extension and bicep curl attachment, 1 x rower, 1 x pull down with seat, 4 x dumbbell bars, 1 x 3ft bicep curl bar, 1 x stepper with rubber bicep rings attached with counter, 2 x wrist spring strengtheners, 320kg of bell weights plus other parts	\$350
2 x dumbbell bars with 4 x 2kg and 2 x 1.5kg weights	\$30
2 x plastic dumbbells 5kg, 2 x 2kg	\$20
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1 x stepper	\$7
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1 x beach rod with reel	\$25
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Merredin  
Community Resource Centre



CUMMINS THEATRE

# Mama Stitch

**TWO WEEKS LEFT**

**Show Dates:**

Friday, 25 March | Saturday, 26 March

Thursday, 31 March | Friday, 1 April

*Doors open at 6pm for tea and toast*

**Tickets:**

\$22 Adult | \$20 Concession | \$15 Student

**Booking info:**

[www.cumminstheatre.com.au](http://www.cumminstheatre.com.au)  
or in person at the  
Central Wheatbelt Visitors Centre

Proof of COVID-19 vaccination and mask wearing required.



## VIRTUAL STALLHOLDER SHOW

**2nd April 2022**

[www.merredinshow.com.au](http://www.merredinshow.com.au)

*Purchase something from one of our participating stallholders and you will go in the draw to win a one-of-a-kind firepit!  
Purchase from more stalls, more chances to win!*



# NUNGARIN Wheatbelt Markets

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**A GREAT DAY OUT!!**

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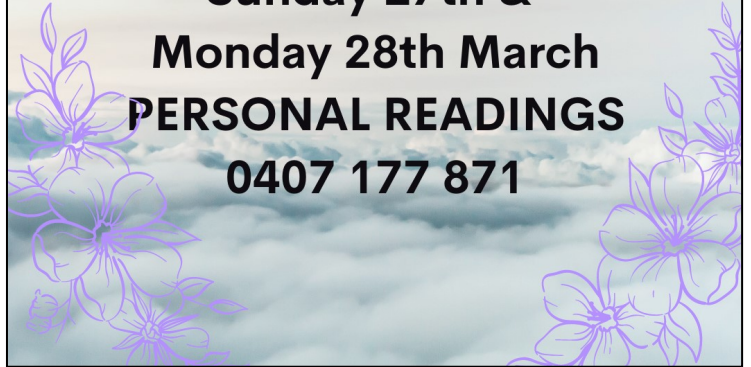


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# CAMERA CLUB JUDGING OF 2021 PHOTO OF THE YEAR

By GRANT STAINER

The Merredin Camera Club recently held its March meeting where we did our judging and voting for the 2021 Photo of the Year.

The entries this month were based on the photos that had been awarded gold by judges throughout 2021 or been voted into first place each month in 2021.

There were 30 entries for the judging, and the judge this month was Martin Carter.

Mr Carter provided feedback the top twelve images, and then judged Julie Alvaro's "Dusty walk to the trough" to be Photo of the Year, with the runner-up being Karen Slater's "Under the boardwalk".

In the club member's voting, Photo of the Year went to Julie Alvaro's "Yellow season with

morning storms".

Second place went to Karen Slater's "Under the boardwalk", and third place went to Julie Alvaro's "Moody pomegranate".

In adding up the total points for the year, Photographer of the Year went to Julie Alvaro. Second place went to Kate Caughey and third place went to Karen Slater.

Congratulations to all the winners, and well done to all our members for putting in such great photos throughout the year. No doubt there will be

plenty more great photos this year too.

The next meeting will be in April, where our subject will be "4 photos, 4 seasons", a photo for each of the traditional "seasons", which we have been taking over the past year in preparation for this subject.

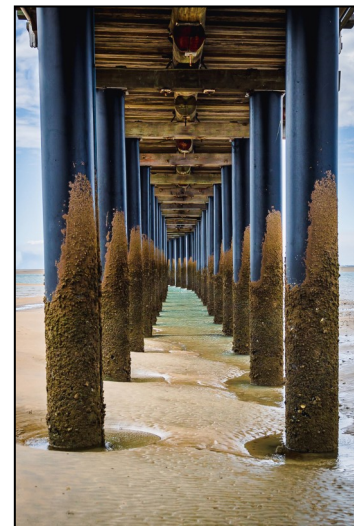
The Merredin Camera Club welcomes new members. For more information about the Merredin Camera Club, please email President Kate Caughey at merredincameraclub@yahoo.com.au



'Moody pomegranate' by Julie Alvaro



'Yellow Season with Morning Storms' by Julie Alvaro



'Under the Boardwalk' by Karen Slater



'Dusty Walk to Trough' by Julie Alvaro

## Saturday 26 March Enjoy a day trip to Westonia!

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★Main street historical facade

★Edna May Gold Mine  
(from lookout viewing platform)

Tavern opens 4 pm



# NANGEENAN NATTERS

By JULIE TOWNROW

I am very excited to say I recently met people at the hall to carry out an inspection and to quote on the scope of works to be undertaken.

They said yes and Frank Marley has said yes, so now it's full steam ahead and my mind is in chaotic overdrive.

The to do list is forming and timelines are being sorted, order the scaffolding, advertise a 'Market/Auction day', rally helpers to get the yard in some order to get the things out of the hall and hopefully sold so we can have a blank canvas to start work with.

Work should start in 5 -6 weeks.

A yard clean up and preparation day on 8th April to get all the stuff out of the hall and to organise for our sale to be held on Saturday 9th of April.

Then very excited that the 'Back to Nangeenan Event' is really going to happen.

*The memories we share of our time growing up in the Service Station (as we refer to it) others might have called it the general store, the post office or maybe the telephone exchange.*

*Walking through the place in our memories and remembering where the dining room was, the restaurant our private dining area, that ended up being the most used area. It was referred to as the Rouges Gallery, both, where my Sister Laurel and I delivered 'Truckies' their meals on roller skates. Adding malt powder into ice-cream cones before plonking a decent serve of ice cream on top, a delight enjoyed by a few back then. Sitting on the front step in a group, trying to get our head around the conversion of pounds, shilling and pence, to dollars and cents... it didn't make sense - the pun of the day. Coins in the Juke Box, and songs like "Lets Get it*

*On", "Tie a Yellow Ribbon Round the Old Oak Tree". Gerry and the Pacemakers, "Ferry Cross the Mersey... 'Cause this land's the place I love, and here I'll stay", my sentiments exactly!*

*Friday night after the drive in, Greg Fitzpatrick doing reverse spins in his EK Holden ute with a large crowd of onlookers, the group of dare devils who frequented a local road for the "jumping of the railway line", who's car could stay airborne for the longest distance, I think Peter Gilchrist (dec) in his Valiant sedan, may have held the record. When I see some of these blokes still getting around town "model Citizens" nowadays, I wonder "do they remember?" I hope so. While I wouldn't days at Nangeenan—*

*The churning of ice cream and all that jelly, red of course, with green, Christmas colours, along with all manner of fare that was not available every day, only for special occasions. Father Christmas arriving as we all cheered excitedly.*

*All the planning by the local families, the list of names and ages of the children, sent off to Boans in the City with the boxes of gifts, wrapped and ready, the Ho Ho Ho and lollies galore, the game of cricket played out the back and the occasional game of brandy. The privilege of going back as adults with your own children, a proud parent moment for many.*

Although I wouldn't encourage any of that behaviour now, as there is so much that is so different, cars are not as robust and they would break in half if the same thing were to happen.

But it is nice to remember the madness of our youth and how grateful we are to make it through, to live on and have the opportunity to save some of the past, and hope that future generations can create their memories. Ones we

would love to be able to re-create.

I like nothing more than a good old yarn about those bygone days, and I would love to think that there are more stories and photos that we may be able to use to paint a picture of life back then. Like Mr Robartson in his white Thames Trader, I think it was a green grain bin on the back, tonking backward and forward down the road to and from the wheat bin. I don't know why this truck in particular has stayed in my mind, maybe there photos of others that we could collect. I wonder if there is an aerial photo of the "siding" as it was in the 60's and 70's that could be added to our collection of memorabilia. If anyone has anything I would be grateful to receive a copy.

Please keep the weekend of August the 6th and 7th free if

you can, as this is the date we have chosen to celebrate 110 years of the Nangeenan Hall and hope that we can be a good way through the renovations at that time. On Sunday the 7th. We would also like to dedicate a little time to remember our Dad who would have been 100 in December. We would like to ask if there are any other dedications we could recognise at this time. While the planning has not started, and there are four short months until the proposed date I would like to remind folk, that we also wanted to dedicate space to remember other locations not lucky enough to have been able to save their Halls and places of cultural importance. If you might like to become a member of the "Back to Nangeenan" planning committee, I would love to hear from you.

## SAVE THE DATE

### 9TH APRIL


## NANGEENAN HALL AUCTION





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Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>26 March</b></p> <p><b>Merredin</b></p> <p>Seventh-day Adventist Church 11am</p> <p>Merredin Fine Arts Society 9am-12pm Check out their Facebook page for further details</p> <p>St Mary's Catholic Church - Vigil Mass 6:30pm</p>	<p><b>27</b></p> <p><b>Merredin</b></p> <p>Community Garden. 8:30am 0427 701 655</p> <p>Merredin Uniting Church 9am and 6pm</p> <p>All Saints Anglican Church—No Service</p> <p>Merredin Church of Christ 10am</p> <p>St Mary's Catholic Church Sunday Mass at 10.30am</p>	<p><b>28</b></p> <p><b>Merredin</b></p> <p>Bootscooting, 7pm at Cummins Theatre 9041 3005 (leave a message), 0409 172 259, or see Lyn at the Post Office</p> <p>A Choired Taste Rehearsal 7pm, at Old North Merredin Primary School</p>	<p><b>29</b></p> <p><b>Merredin</b></p> <p>Gentle Gym at the Senior Centre 2pm</p> <p>Zumba! By Sharee Cook, 6pm - 7pm at the Cummins Theatre, call 0458 429 072</p>	<p><b>30</b></p> <p><b>Merredin</b></p> <p><i>World Bipolar Day</i></p> <p>Craft Group at the Senior Centre 10am</p>	<p><b>31</b></p> <p><b>Merredin</b></p> <p>Community Garden. 8:30am 0427 701 655</p> <p>Morning Tea at the Senior Centre at 10am</p> <p>Men's Shed 2pm - 5pm 0427 831 024</p> <p>Merredin Fine Arts Society 9am-2pm</p> <p>Merredin United in Prayer 7pm at Seventh-day Adventist Church</p>	<p><b>1 April</b></p> <p><b>Merredin</b></p> <p><i>April Fools Day</i></p>  <p>Adult Day Care and Emergency Respite Trial 10am-12pm at Seniors Centre. Phone Rosemary 0439 746 300 or Julie 0429 411 377 for details.</p> <p>Kids Club, Ages 4-12, 3pm-5pm at Merredin Church of Christ, 17 Throssell Rd, gold coin donation 0429 108 241</p>
<p><b>2</b></p> <p><b>Merredin</b></p> <p><i>World Autism Day</i></p> <p>Seventh-day Adventist Church 11am</p> <p>Merredin Fine Arts Society 9am-12pm Check out their Facebook page for further details</p> <p>St Mary's Catholic Church - Mass 6:30pm</p>	<p><b>3</b></p> <p><b>Merredin</b></p> <p>Community Garden. 8:30am 0427 701 655</p> <p>Merredin Uniting Church 9am</p> <p>All Saints Anglican Church 10am</p> <p>Merredin Church of Christ 10am</p> <p>A Choired Taste - Workshop 1-3pm sponsored by Collgar Wind Farm</p> <p><b>Nungarin</b></p> <p>St Teresa Catholic Church - Mass 1pm</p> <p>Nungarin Markets 8am-12pm</p>	<p><b>4</b></p> <p><b>Merredin</b></p> <p>Bootscooting, 7pm at Cummins Theatre 9041 3005 (leave a message), 0409 172 259, or see Lyn at the Post Office</p>	<p><b>5</b></p> <p><b>Merredin</b></p> <p>Gentle Gym at the Senior Centre 2pm</p> <p>Zumba! By Sharee Cook, 6pm - 7pm at the Cummins Theatre, call 0458 429 072</p>	<p><b>6</b></p> <p><b>Merredin</b></p> <p><i>International Tartan Day</i></p> <p>Craft Group at the Senior Centre 10am</p> <p>Easter in the Park - Apex Park 9:30 - 11:30am</p>	<p><b>7</b></p> <p><b>Merredin</b></p> <p>Community Garden 8:30am 0427 701 655</p> <p>Morning Tea at the Senior Centre at 10am</p> <p>Men's Shed 2pm - 5pm 0427 831 024</p> <p>Merredin Fine Arts Society 9am-2pm Check out their Facebook page for further details</p>	<p><b>8</b></p> <p><b>Merredin</b></p> <p>Adult Day Care and Emergency Respite Trial 10am-12pm at Seniors Centre. Phone Rosemary 0439 746 300 or Julie 0429 411 377 for details.</p> <p>Kids Club, Ages 4-12, 3pm-5pm at Merredin Church of Christ, 17 Throssell Rd, gold coin donation 0429 108 241</p>
<p><b>9</b></p> <p><b>Merredin</b></p> <p>Seventh-day Adventist Church 11am</p> <p>Merredin Fine Arts Society 9am-12pm Check out their Facebook page for further details</p> <p>St Mary's Catholic Church - Vigil Mass 6:30pm</p>	<p><b>10</b></p> <p><b>Merredin</b></p> <p>Community Garden. 8:30am 0427 701 655</p> <p>Merredin Uniting Church 9am and 6pm</p> <p>All Saints Anglican Church 10am</p> <p>Merredin Church of Christ 10am</p> <p>St Mary's Catholic Church Sunday Mass at 10.30am</p>	<p><b>11</b></p> <p><b>Merredin</b></p> <p>Bootscooting, 7pm at Cummins Theatre 9041 3005 (leave a message), 0409 172 259, or see Lyn at the Post Office</p> <p>A Choired Taste Rehearsal 7pm, at Old North Merredin Primary School</p>	<p><b>12</b></p> <p><b>Merredin</b></p> <p>Gentle Gym at the Senior Centre 2pm</p> <p>Zumba! By Sharee Cook, 6pm - 7pm at the Cummins Theatre, call 0458 429 072</p>	<p><b>13</b></p> <p><b>Merredin</b></p> <p><i>USA National Scrabble Day</i></p> <p>Craft Group at the Senior Centre 10am</p>	<p><b>14</b></p> <p><b>Merredin</b></p> <p>Community Garden. 8:30am 0427 701 655</p> <p>Morning Tea at the Senior Centre at 10am</p> <p>Men's Shed 2pm - 5pm 0427 831 024</p> <p>Merredin Fine Arts Society 9am-2pm</p>	<p><b>15</b></p> <p><b>Merredin</b></p> <p><i>Good Friday</i></p> <p>Adult Day Care and Emergency Respite Trial 10am-12pm at Seniors Centre. Phone Rosemary 0439 746 300 or Julie 0429 411 377 for details.</p> <p>Kids Club, Ages 4-12, 3pm-5pm at Merredin Church of Christ, 17 Throssell Rd, gold coin donation 0429 108 241</p>
<p><b>If you would like your community notice included. Email it to <a href="mailto:administration3@merredincrc.com">administration3@merredincrc.com</a></b></p>						



# ADULT DAY CARE AND EMERGENCY RESPITE TRIAL

By JULIE TOWNROW

Friday the 11th of March was the second week of the trial and a little better organised. It was more productive after thinking through some of the things needed to engage participants. The two-hour time frame worked so much better for this part of the voluntary trial.

We conducted a half hour question and answer time, to familiarise ourselves with each other, with simple questions like where participants were born, where they grew up, went to school, first worked, married, had children and other topical information.

We used this time for a cuppa as well. It was a lovely time and created laughs as we had a skip down memory lane.

We brought a couple of balls to do a little exercise and thanks to Rosemary who had done this before and knew where extra balls were kept.

Rosemary was familiar with a regime we could use. There was considerable laughing, and a bit of whinging from Michael who doesn't enjoy exercise much at all, however he did participate which was pleasing.

In the third half hour, we played a question-and-answer game, giving ten clues about who or what the person or thing was, this created conversation and while not all clues gave answers, the recognition at the end was pleasing and half an hour was a good time frame.

The last half hour, was spent reflecting on what may happen in the future and just general

conversation as we cleaned tables and dishes, enjoying each other's company. There was a greater benefit as we used a volunteer carer per participant, and this helped to keep the group focused on what we were trying to achieve.

While the pandemic and the Covid Safe rules have made conducting the trial a little challenging, we have modified the trial again, with the suggestion that those interested, but feeling unsure of attending, may prefer to submit an "expression of interest" or complete a questionnaire, as the outcome we are seeking is to establish a need, not necessarily numbers attending in a group for a "Super Spreader event".

In light of this, our list of contact

details is growing nicely, and I hope to be able to contact other individuals to discuss what their needs may be to gauge whether the establishment of a Day Care and Emergency Respite Centre is something they might use now or in the future.

It was decided that a questionnaire may provide welcomed comments

While it is of concern that there are not that many people attending on Friday, we are still receiving a lot of verbal feedback which is positive and encouraging allowing us to stay focused and positive that we will establishing the results that are meaningful.

The questionnaire and further details can be obtained by contacting Rosemary Lambert on 0439 746 300 or Julie Townrow on 0429411377.

## Tales from the Train

*A modern take on travelling by train*

By LADY RANTHAM

Tales from the Train. We have a new character joining us in today's cast. Today we meet Funky and Technologically Savvy Grandpa.

This new entry into the stage of one's morning commute is an elderly gent who reckons you and your societal norms can go hang Thanks ta.

He's in shiny sneakers with neon trim, cargo pants, an admittedly very granddad collared polo shirt, but sports an Apple watch, cordless earphones and is tap tapping away (two-fingered) on a flashy slimline laptop, peering through specs on a string. He has a sports scooter tucked under his seat and .... has chosen the priority seat!

He looks like he's fitter (and more effortlessly hip) than everyone else in the carriage but is sitting in the priority seating with an anorak blocking above from using the adjoining seat.

This is such a delightful juxtaposition of contradictions I can't look away. Half the things about this guy signpost him as Grumpily Entitled Senior Citizen and the other half as Millennial Skater Boy. It is a joy to behold.

He is being glared at by Dad on His Day Off who has forgotten to take the tag off his new shirt and would like to sit down but is confused by the rich mixture of contradictory cues radiating from the priority seats of Carriage 4.

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Danielle Edwards grew up in the country and is an Associate at Bailiwick Legal.

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May 9  
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## Tales from the Rails

By JANE PATRONI, Chairperson

In recognising **100 years of Service** to the West Australian community by the **St John Ambulance Association (SJAA)**, it is timely to remember the importance of the **Merredin Railway Ambulance Brigade**. The Brigade operated in Merredin as a Sub Centre of SJAA with the prime purpose of providing first aid to railway employees injured in the course of their duties.

To give practise to theory and provide a test arena to showcase skills, competitions were held between various Railway depots and centres. The following is an extract from an article featured on the front page of the Merredin Mercury: 31 August 1950 Vol 39 No 1870. Competing teams: **Merredin and Kalgoorlie**.

### Railway Ambulance Brigades Compete

... For many years past, the **Merredin Railway Ambulance Brigade** has functioned successfully despite the many vicissitudes encountered in connection with their calling as railway employees, having to spend so much of their time (away) from home, and then sooner or later being transferred to another centre where perhaps no brigade exists.

*It is to their credit that they have carried on and from year to year performed with success in competition with brigades from other centres. Then apart from competitive work (the) members are always available in an honorary capacity, as a result of their having to alleviate pain and suffering in cases of sickness or accident, to transport patients to hospital for which a special license is necessary.*

*A familiar sight at many sporting events is an ambulance brigade man, with his kit box of salves and bandages ready to apply when necessary—and in a game like football, this is often the case, as many of our local sportsmen will agree. It is a work—and to **lots of railway men** it becomes a real "hobby"—so interested do they become as they gain knowledge as how to deal with an emergency, set a limb, apply bandages, treat cuts and bruises, and generally relieve "suffering "until the doctor or hospital is reached.*

*Competitions are held annually at the different centres where brigades have been established and this year Merredin was the centre chosen. Usually, there are at least three form teams competing, but this year only two brigades lined up—Kalgoorlie and Merredin.*

*On Thursday afternoon last, the competitions were carried out on*

*the lawn adjoining the Town Hall. They were keenly contested.*

*The General Secretary of the St. John Ambulance Association of W.A. (Mr. Brear) was present and the adjudicator was Dr. D. D. McCowan.*

*At the social evening after the competition the following results were announced.*

*Kalgoorlie – 215 pts*

**Merredin – 194 pts**

*An individual competition was reinstated after a lapse of several years. In this Kalgoorlie was the victor.*

*G.A. Goode (Kalgoorlie) 150 pts*

**G.E. Moore (Merredin) 128 pts**

*In the Railway Institute at night, the visitors were entertained at tea and a smoke social.*

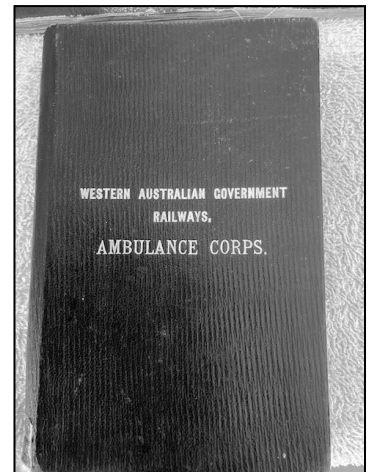
*The toast of the Ambulance Association and Brigade was in the hands of Mr. Geo. Bennetts, M.L.A., who through his active association with the movement at Kalgoorlie was in a position to speak on the great service these bodies were rendering to the communities.*

*The assistance the Railway Commission gave to the **Railway Ambulance** movement was stressed by Mr. Peddie who said*

*that "every encouragement was given to the younger members of the staff to take up the work." The District Superintendent (Mr. Peacock) replied on behalf of the Commission.*

*During the evening live music was provided by Messrs Taskanas (piano accordion), Mr Clarke (piano solos) and Mr. Pick (musical saw), These items were all highly appreciated. The social side was continued later with a dance...*

Ref: <https://trove.nla.gov.au/newspaper/article/252700272?searchTerm=Railway%20Ambulance%20Merredin%20WA>



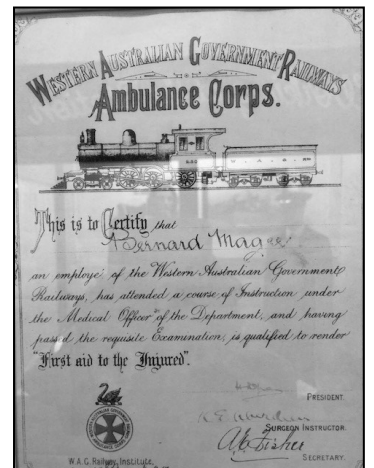
Ambulance First Aid Manual



Ambulance Accident Book



Ambulance First Aid Display



Ambulance Certificate

# Lawn Bowls

## MATT FRANCE GOES BACK-TO-BACK

By ASH SHARP

Matthew France of the Merredin Club has etched his name in the history books, winning back-to-back Men's Country Week Singles titles. France is now in elite company on a list that includes WA Hall of Fame's, Keith Doncon and Aussie Bailey and 215 game state representative Pieter Harris.

The victory is France's 3<sup>rd</sup> Country Week Singles Title, after winning his maiden title in 2015, he now sits equal 3<sup>rd</sup> all-time in total singles championships, behind Doncon (5) and Bailey (4).

France played a total of nine games of singles on his way to the Championship, including a tight game against club mate, Greg Hassack, which he found himself down 16-17, before winning the remaining ends to take victory 21-17. France seemed to find good form as

the competition went on, beating ex-Premier League skipper Stephen Fewster (21-10), State player and 2020 winner Matthew Mitchell (21-16) to advance to the semi-final.

France was well in control early in the semi-final against Albany's John Davidson, up 10-0 after only a handful of ends. Davidson managed to dig deep and tighten the margin before France was able to get back on top and earn his spot in the final 21-12.

In the final, France would meet Pinjarra's Peter Cole. The game was a tight contest the whole way through, a wonderful display of draw bowling and some remarkable up shots and drives by both players, neither player was able to score more than two shots as the score sat level at 15-15.

It was at this point France was able to hold his nerve and pick

up the game's first three to take the lead 18-15. Two down with his last bowl to play, France played a clutch bowl, sitting the shot bowl to hold an important one shot, Cole found the smallest of gaps between the jack and shot bowls, taking the scores to 19-15.

In what would be the final end of the game, France was able to showcase the wonderful draw game he had all week and draw two bowls within a foot with his first two efforts. A missed Cole drive with the final bowl of the game meant victory for France 21-15.

Merredin Club also took home the PS Bignell Memorial Shield for most outstanding club at Country Week for a second consecutive year, sharing the trophy with Emu Point and Geraldton.

A last eight appearance for the Merredin Club fours team Matthew France, Ken Preston,

Ben Parker and Ash Sharp securing a vital one point to get the Merredin Club name on the trophy for the 5<sup>th</sup> time. Ex Merredinite, Jon Sharp was also in the winner's circle, part of the winning Country Week Fours team from Emu Point, with Matthew Mitchell, Steven Tuffley and Doug Wright.



## Darts

### NAREMBEEN AND BRUCE ROCK DARTS ASSOCIATION

R2K CONTRACTING ROUND 1		
25/03/2022 Week 1		
MC Sharks	v	Magpies
Wizards	v	Royals
Jets	v	Bruce Rock
01/04/2022 Week 2		
Bruce Rock	v	Wizards
Royals	v	MC Sharks
Magpies*	v	Jets
08/04/2022 Week 3		
MC Sharks	v	Wizards
Bruce Rock	v	Magpies
Royals	v	Jets

## Basketball

17<sup>th</sup> March 2022

### Junior Grand Final Results

Under 12 Girls

Orange (17) d. White (8)

**GF MVP** - Gracie Hayes-Thompson

Under 12 Boys

Yellow (30) d. Green (14)

**GF MVP** - Koby Sayers

Under 16 Girls

Lilac (30) d. Sky Blue (27)

**GF MVP** - Katherine Hayden

Under 16 Boys

Orange (57) d. Pink (54)

**GF MVP** - Codan Daddow

# Here in the Wheatbelt

## we LOVE our sport

CONTRIBUTE BY EMAILING PHOTOS AND ARTICLES TO  
ADMINISTRATION@MERREDINCR.COM

## WTF 24th MARCH—6th APRIL 2022

By **PETER BARRETT**

Welcome back to Watching The Firmament. The Autumnal equinox occurred yesterday and the sun has departed the Southern Hemisphere once again.

It is always a favourable time for evening stargazing around the last quarter moon which occurs on the 25th. A new moon next Friday means dark

skies all night. All the planets are quite absent in the evening and this situation will persist until at least July when Saturn will begin to rise before 8pm.

Those of you still on the tractor after 2am however are treated to the full planet show, with Venus and Mars still at close quarters, and Saturn joining in.

Sirius and Canopus still dominate the evening sky

overhead. Taurus is now low in the Northwestern sky and the Gemini twins Castor and Pollux are easy to pick out looking directly north. Leo begins to appear in the Northeast and by late evening Spica the bright star in Virgo has risen due East.

To the Southeast the sky is bejewelled with the Southern Cross and Centaurus which almost completely surrounds it.

Do you have a DSLR camera? Why not try a bit of astrophotography. A tripod is handy. Put the camera in “manual” mode and select a high ISO number. Set the exposure times to a few seconds and you will get some nice shots, enough to whet your appetite. Once you get hooked on this you can use stacking software and photo editing tools to really liven things up. Be warned. It’s addictive!

Date/Planet	Sun ☉	Moon ☾	Mercury ♀
Thu 24	☿ 06:12am-06:13pm	♄ 10:30pm-12:21pm 62%	☿ 05:32am-05:54pm 95%
Fri 25	☿ 06:12am-06:12pm	♄ 11:29pm-01:27pm 50%	☿ 05:37am-05:55pm 96%
Sat 26	☿ 06:13am-06:11pm	♄ 12:34am-02:27pm 38%	☿ 05:42am-05:56pm 96%
Sun 27	☿ 06:14am-06:09pm	♄ 01:42am-03:20pm 27%	☿ 05:47am-05:57pm 97%
Mon 28	☿ 06:14am-06:08pm	♄ 02:50am-04:04pm 17%	☿ 05:52am-05:58pm 98%
Tue 29	☿ 06:15am-06:07pm	☿ 03:55am-04:43pm 9%	☿ 05:57am-05:59pm 98%
Wed 30	☿ 06:16am-06:06pm	☿ 04:58am-05:17pm 4%	☿ 06:02am-06:00pm 99%
Thu 31	☿ 06:16am-06:04pm	☿ 05:59am-05:47pm 0%	☐ 06:08am-06:01pm 99%
Fri 1	☿ 06:17am-06:03pm	☐ 06:59am-06:16pm 0%	☐ 06:13am-06:02pm 99%
Sat 2	☿ 06:18am-06:02pm	☿ 07:58am-06:46pm 1%	☿ 06:19am-06:03pm 99%
Sun 3	☿ 06:18am-06:01pm	♃ 08:56am-07:16pm 5%	☿ 06:25am-06:04pm 99%
Mon 4	☿ 06:19am-05:59pm	♃ 09:55am-07:48pm 10%	☿ 06:31am-06:05pm 99%
Tue 5	☿ 06:20am-05:58pm	♃ 10:53am-08:23pm 17%	☿ 06:36am-06:06pm 99%
Wed 6	☿ 06:20am-05:57pm	♃ 11:49am-09:03pm 25%	☿ 06:42am-06:08pm 98%

Date/Planet	Venus ♀	Mars ♂	Jupiter ♃	Saturn ♄
Thu 24	♃ 02:38am-03:54pm 51%	♄ 02:16am-03:53pm 92%	♃ 05:05am-05:37pm	♄ 02:52am-04:16pm
Fri 25	♃ 02:38am-03:53pm 52%	♄ 02:16am-03:50pm 92%	♃ 05:03am-05:34pm	♄ 02:49am-04:13pm
Sat 26	♃ 02:39am-03:53pm 52%	♄ 02:16am-03:50pm 92%	♃ 05:00am-05:31pm	♄ 02:45am-04:09pm
Sun 27	♄ 02:40am-03:53pm 53%	♄ 02:15am-03:48pm 92%	♃ 04:57am-05:27pm	♄ 02:42am-04:06pm
Mon 28	♄ 02:41am-03:52pm 53%	♄ 02:15am-03:47pm 91%	♃ 04:54am-05:24pm	♄ 02:39am-04:02pm
Tue 29	♄ 02:42am-03:52pm 54%	♄ 02:15am-03:45pm 91%	♃ 04:51am-05:21pm	♄ 02:35am-03:58pm
Wed 30	♄ 02:43am-03:51pm 54%	♄ 02:14am-03:44pm 91%	♃ 04:48am-05:17pm	♄ 02:32am-03:55pm
Thu 31	♄ 02:44am-03:51pm 54%	♄ 02:14am-03:42pm 91%	♃ 04:46am-05:14pm	♄ 02:28am-03:51pm
Fri 1	♄ 02:44am-03:51pm 55%	♄ 02:14am-03:41pm 91%	♃ 04:43am-05:11pm	♄ 02:25am-03:47pm
Sat 2	♄ 02:45am-03:50pm 55%	♄ 02:13am-03:39pm 91%	♃ 04:40am-05:08pm	♄ 02:21am-03:44pm
Sun 3	♄ 02:46am-03:50pm 56%	♄ 02:13am-03:38pm 91%	♃ 04:37am-05:04pm	♄ 02:18am-03:40pm
Mon 4	♃ 02:47am-03:49pm 56%	♄ 02:13am-03:36pm 91%	♃ 04:34am-05:01pm	♄ 02:14am-03:36pm
Tue 5	♃ 02:48am-03:49pm 57%	♄ 02:12am-03:34pm 91%	♃ 04:31am-04:58pm	♄ 02:10am-03:33pm
Wed 6	♃ 02:49am-03:48pm 57%	♄ 02:12am-03:33pm 91%	♃ 04:29am-04:54pm	♄ 02:07am-03:29pm

# Horoscopes



**ARIES 21 March—19 April**  
It's a great time to pursue any social projects and use your creative side.



**TAURUS 20 April-26 May**  
The desire to help will fall into place as you expand your views on social and political events.



**GEMINI 21 May-20 June**  
It is a time to express those creative ideas in your workplace and at home.



**CANCER 21 June-22 July**  
That future step that you've been worrying about, at home or in the workplace, it's time.



**LEO 23 July-22 August**  
Take a step back, there are a few things that need to work before you can continue this path.



**VIRGO 23 August-22 September**  
Speak up and fight for what you believe in, in both home and work life.



**LIBRA 23 September-22 October**  
Surround yourself with people that keep you calm because things may not go your way.



**SCORPIO 23 October-21 November**  
Working with like minded people will help your creative side come out.



**SAGITTARIUS 22 November-21 December**  
The changes you have been making will soon grow into more than you could imagine.



**CAPRICORN 22 December-19 January**  
It is a great time to work on a happy balance between work and home.



**AQUARIUS 20 January-18 February**  
You may feel completely motivated and have a clear mind on what your future goals are.



**PISCES 19 February-20 March**  
This is the time to work on those emotions and be mindful of the advice you may receive.

# CLASSIFIEDS

## Garage Sale

**GARAGE SALE. 28 Golf Road.** Saturday 2nd April from 8am. Clean out of household shed items, hardware, garden, display cabinet, linen, men's motorbike armour pants, men's clothes, books, CD's, near new Garret Metal Detector. **TOO MUCH TO LIST!**

## Positions Vacant

### RON BATEMAN & CO

#### 3 Positions Available

Seeking two **RELIABLE** staff for stock handling/ sales positions.

Also one data entry person.

Confidence with computers and a good knowledge of hardware, belts, bearings and agricultural spares is advantageous.

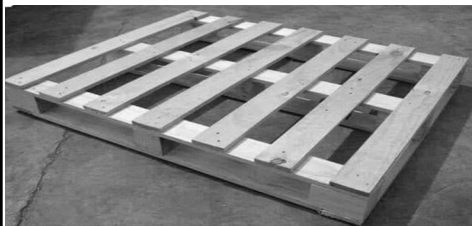
Some Saturday Morning Work required.

Phone: 9041 1777

info@ronbateman.com.au

92 Mitchell St, Merredin

**Took me all day yesterday but finally finished. A pallet I made from an old coffee table.**



## Public Notices



Government of Western Australia  
Department of Communities



## Do you work in the disability sector?

The NDIS Check is a new mandatory screening process for people in certain NDIS work.

If you are employed, or seeking to be employed, by a registered NDIS provider, talk to them about whether you need to apply.

Visit [www.ndiswsu.wa.gov.au](http://www.ndiswsu.wa.gov.au) for more details and to start your application.

Protecting participants,  
preventing harm



**Merredin Basketball Raffle Permit #LS17966922** was drawn on the 10th March. The winner was Nan McGrath with Ticket Number 157.

# ONE PERSONS TRASH IS ANOTHER PERSONS TREASURE

Sell your unwanted goods today call 9041 1041.



# SINKING OF THE HMAS SYDNEY RETOLD

By **LIBBY McCALMAN**, Cummins Theatre Engagement Officer

The Cummins Theatre kicked off its 2022 performance season with Theatre 180's production of Sydney II: Lost and Found.

The stunning blend of cinema footage and sublime stage performances kept the audience captivated throughout in this remarkable retelling of the sinking of the famous warship HMAS Sydney in 1941, and the effort to find her wreckage more than six decades later.

Woven into the historical narrative was the true wartime

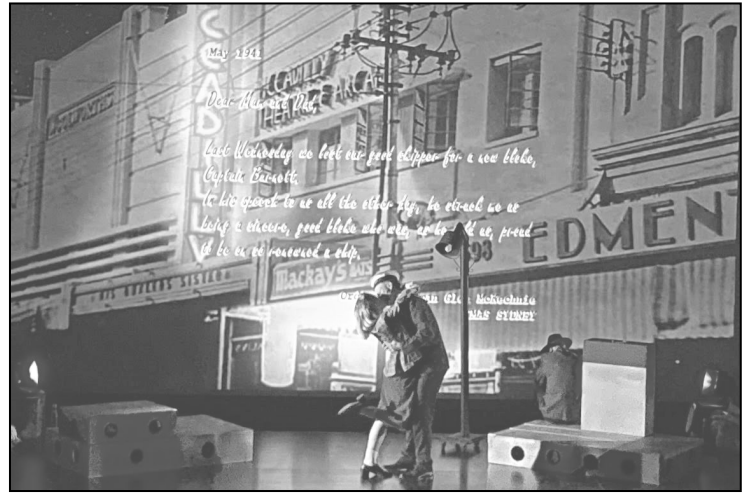
story of young West Australian Able Seaman Allan Rowe, who perished on the vessel, his wife Jessie and their daughter Ellen, whom Allan would never meet.

Exploring the themes of love, loss, courage and hope, Sydney II: Lost and Found gifted Cummins Theatre patrons an experience to remember.

Following the performance, the cast returned to the stage with Director Rebecca Davis for a Q&A session. They offered fascinating insight into the story behind their Sydney II production and spoke about their passion for bringing great Australian stories to the stage.

During the friendly back and forth of questions, the audience also learned more from the cast members about the real-life

characters they portrayed so expertly on stage - including Jessie, who eventually remarried and had more children



# LOOKING AFTER OURSELVES IN BUSY TIMES

By **The Regional Men's Health Initiative**

For farmers seeding and harvest are a couple of extremely busy times of the year. One of the most important things to consider looking after, during these times, is our most valuable resource - us.

Having to complete tasks by a set date imposes time pressure and this may make us take short cuts and if we take short cuts regarding our wellbeing it increases our risk factors dramatically. It is a time when relationships come under pressure, our physical health is ignored, and accidents can happen.

Research into truck crashes by the Truck Crash Research Centre based in South Australia has some thought-provoking outcomes. One of the research outcomes is that most truck accidents (more than 90%) happened on the outward-bound journey of the truck trip. We need to ask ourselves why is this? There are many reasons for this, but primarily it is a combination of being physically tired coming off the holiday break and/or mentally our headspace is not focused on the

job at hand, we are not operating in the present.

What us blokes don't do well is consider the consequences of *risk taking* - it won't happen to me. Consequences are something we must live with, so in our seeding and harvest preparations we need to limit our personal risk, and if what we're planning is an overstretch, reconsider the options.

In addition to the usual preparations perhaps we should follow the lead of other industries, such as mining and construction, where clear guidelines on safe parameters for work have been implemented.

Some things to reflect on when considering your wellbeing include:

- A well briefed work crew (often our partner and family). Keep those working with us briefed on daily activities, unfortunately with farming this doesn't happen as well as it could which often leads to unnecessary disputes and increased tension and frustration;

- Fatigue management; limiting our working time to no more than 14 hours in a 24-hour period. Seeding might be over a relatively short period, but this work strategy should not be compromised. *The only solution to fatigue is taking a break and sleeping. Getting off the tractor/machine and doing other jobs is not good enough, you need to sleep.*
- Factor in regular breaks; this also reduces the impact of fatigue and increases our capacity to beat boredom, which can often lead to expensive mistakes and machine damage;
- Pre-start exercises; I would be surprised if any farmers begin a shift with some limbering up exercises. It is a known fact that this type of start to the day significantly

reduces muscle injuries.

- Suitable dietary needs; how often are you eating and what are you snacking on? It is not just about good meals it is also about good snacks that are nutritious and correctly timed. A good meal is very beneficial at the beginning of a shift and a light meal at the end is beneficial in helping to promote good sleep.
- Adequate sleep; for most people this is about seven to eight hours in every 24-hour cycle. It is not possible to reduce this and still function properly. Remember this is *sleep* not just being in bed!

Seeding and harvest are hectic times of the year, a controlled and planned approach will pay dividends. Enjoy it, it is a great time.

When someone you care about doesn't seem themselves

**a conversation**

can really help

Get talking tips at [beyondblue.org.au/conversations](https://beyondblue.org.au/conversations)



We are still in need of rentals for our tenant base. If you would like more information about leasing your property - Contact us and we would be more than happy to help!

[info@asktonym.com.au](mailto:info@asktonym.com.au) / 08 9574 2917

## FOR SALE



**FOR SALE — 4 Harling Street - \$235,000**

Beautifully presented 3 bedroom 1 bathroom brick and tile home. This home has been renovated to a very high standard, with an immaculate kitchen that over looks the backyard and freshly painted throughout. The gardens are perfectly maintained for those green thumbs!

This home is well worth viewing at this price.

Do yourself a favour and call Sharon Johnson on 0448 108 545 to discuss a viewing or details!

## FOR RENT



Unfurnished 3x1 house \$300 / week  
3 bedroom house with fully fenced backyard.

Single carport and a U shaped drive way for extra parking. There is a garden shed in the back yard for extra storage.

Contact us on 9574 2917 or email [info@asktonym.com.au](mailto:info@asktonym.com.au) for a pre-application



Unfurnished 3x1 house \$300 / week

3 bedroom house with a single carport.

Yards are spacious and includes a garden shed out the back!

Contact us on 9574 2917 or email [info@asktonym.com.au](mailto:info@asktonym.com.au) for a pre—application.


**Real Estate**

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Fax - (08) 9041 6555

[www.elders.com.au/merredin](http://www.elders.com.au/merredin)

Will Morris 0448 415 537

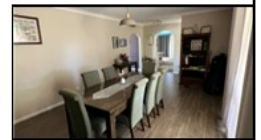
Jacqui Burton 0498 457 539

[william.morris@elders.com.au](mailto:william.morris@elders.com.au)
[jacqui.burton@elders.com.au](mailto:jacqui.burton@elders.com.au)

**PRICE:** \$330,000  
**AGENT:** Elders Real Estate Merredin  
**CONTACT:** Will Morris 0448 415 537  
**Elders Property ID:** 23330462

Enjoy a few drinks or a BBQ under the gable patio by the pool while the kids make a splash. The whole family will love this home which is ideally located within walking distance to the Recreation Centre, Bars, Restaurants and the 24 hour Gym. Surrounded by beautiful landscaped gardens with fully fenced front and rear yards this house has impeccable presentation throughout. Inside the home boasts stunning timber look floor tiles that flow from the formal dining room through to the large family room where you will find a brick built-in bar and an enormous freestanding wood fire to keep the whole house warm and toasty on those cold winter nights. In summer you have the economical evaporative air conditioning ducted throughout the home to keep you cool. If you like cooking you will love this kitchen, with tonnes of bench space, ample storage, two built in wall ovens and an island bench with gas cook top and range hood. All three bedrooms (two with built in robes) are situated at the north end of the home with views to the front gardens while the nicely decorated bathroom is centrally located to all the bedrooms. The hallway with built in linen cupboards leads you to the laundry and separate toilet.

## 15 Growden Street, MERREDIN



3



Beds

1



Bath

1



Parking



## 1-3-5 Hay Street, MERREDIN

**\$150,000 WEB ID 23314952**

THREE FREEHOLD TITLES - 3036m2 TOTAL Calling all developers looking to build either residential homes or tourist development. The demand for rental accommodation of both short stay and long term is only getting bigger. These three freehold green title blocks, residential zoned but have Local Planning Scheme No.6 - Amendment No.6 discretionary approval allowing for tourist development. Ideal for building of group accommodation for large corporate companies or motel operators. Sale price of \$150,000 works out to \$50,000 per quarter acre block.



## 20 Coronation Street, MERREDIN

**\$400-420,000 WEB ID 23332553**

Big 4 bedroom 2 bathroom brick veneer home on a 1,063m2 corner block close to town centre. Built in 1998 this home offers a formal entrance opening onto a large open plan living space with formal dining and large kitchen with free standing stainless steel gas oven and cooktop. The hot water system is electric with 125L storage, there is ducted evaporative air conditioning throughout, plus 3 reverse cycle split systems installed to the master bedroom, 2nd bedroom and the living area. The front yard is well laid out with low maintenance gardens.



## 1 Caridi Close, MERREDIN

**\$675,000 - WEB ID 23332998**

You will fall in love with the crystal chandelier and the Tasmanian oak flooring that greets you at the formal entrance. There is a large office through double doors with built in cabinetry. There is a formal lounge with elegant Victorian ceiling rose. The master bedroom has a huge walk in robe and ensuite complete with luxurious corner spa, while the other three bedrooms with built in robes are all linked via a private hallway and share a centrally located bathroom and separate WC. The kitchen features a huge amount of storage, shoppers entry from the garage and stainless steel appliances.



## 24 Duff Street, MERREDIN

**\$195,000 - WEB ID 23333441**

Ideal investment as an easy to manage short term accommodation business in Merredin. One title with two units and no strata. Each unit has one bedroom with ensuite, a lounge room with reverse cycle air conditioning, kitchen with gas cooking, laundry, secure parking and a private back yard. There is additional space at the north end of the block which could easily be set up for more parking plus an extra outbuilding containing two store rooms. With short term accommodation and rentals extremely high in demand you have the option of renting both units out.

